

Our "dress code" when exiting the dorms, to participate in program, is long pants and closed-toed shoes. Check the weather forecast for the days of your student's trip. A change of clothes per day is usually sufficient. Inclement weather (rain and snowstorms) requires more pairs of socks, shoes, undergarments, and clothing in general.

ITEMS TO SEND:

- --- Water Bottle
- --- Backpack ("day pack")
- --- Sleeping bag or twin sized sheets and a blanket
- --- Pillow and pillowcase
- --- Toiletries: soap (and container), shampoo, toothpaste, toothbrush, deodorant, towels, washcloth
- --- Pajamas
- --- Underwear
- --- Socks (at least 2 per day)
- --- Jeans/pants
- --- Shirts (short and long sleeve)
- --- Warm outer layer
- --- Gloves or mittens, scarf, winter hat
- --- 2 pairs of closed-toed shoes. More if a lot of rain expected (Ex: old sneakers, rain boots, broken-in hiking boots, etc.)
- --- Raincoat or poncho
- --- Sunscreen & Insect repellent (no aerosols)
- --- Laundry bag

DO NOT SEND:

- Electronics: <u>cell phones</u>, smart watches, tablets, portable gaming systems, kindles, nooks, etc.
- Pocket knife or multi-tools
- Food, including candy and gum
- Medicine or medical supplies

Medications should be listed on your student's *Medication Administration Form* and turned over to the school group leader to be received on-site by our medical staff.

- ***Please do NOT buy new clothes or shoes for your child to wear at Nature's Classroom. Send old clothes that can get dirty.
- **Please make sure that every personal item (shoes, camera, socks, etc.) is clearly labeled with your child's name. Sharpie everything!
- *If your child loses any items contact the Program Coordinator immediately. **Nature's Classroom takes no responsibility for lost items.**

Optional Items to Send:

Hats ~ Sunglasses ~ Slippers/Flip-Flops (dorms only) ~ Shorts (dorms only) ~ Preaddressed stamped envelopes ~ Notebook and writing utensils ~ Camera (disposable) ~ Book for reading at night ~ Deck of cards